

2023

Annual Program Plan



2023 Annual Program Plan

The following list identifies the work that Miracle Missions Vimba undertakes or will commence in 2023.

The majority of work on this document needs substantial finance, and to make this happen, we need YOUR support. Together we know we can make Zimbabwe a healthier and happier community.

Please have a look at each work activity below for more information on the requirements and how you can help.

Your support is changing lives, and we thank you!

Yours sincerely
The Miracle Missions Vimba Team

Highlands Presbyterian Church (left on entry)

112 Enterprise Rd, Highlands

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Opening Hours:

Monday - 8:00 - 16:00

Friday - 8:30 - 12:30

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Monthly Program

Miracle Missions Vimba is a not-for-profit organisation, run by Zimbabweans for Zimbabweans. Each month the Miracle Missions Vimba team runs, monitors, and evaluates various programs listed below.

1. Capacity Building and Resilience Network

Capacity Building and Resilience Network meetings/workshops are held monthly and can have between 40 and 120 people coming at any given session. These meetings are for Caregivers of children, people with disabilities, and custodians of the environment. The sessions are informative and create sustainability opportunities and provide capacity-building programs such as bookkeeping, proposal writing, and agricultural training, amongst other informative topics.

Monthly Schedule

First Tuesday – Clean & Green – Second Tuesday – People with Disabilities – Third Tuesday – Carers training – Last Tuesday – Life & Hope 4 Kids

Requirements

Manuals – Teas and lunches – Exercise book and pens – Trainers and staff allowances

2. Distributions and Collections

Miracle Missions Vimba receives various items, from household goods to food, toys, stationery, clothing, etc. The costs that come into place include fuel for collection and distribution, bin-liners or boxes to pack the items into, and labour for packing and distribution. MMV distributions occur across the country and include areas where a crisis has occurred (e.g., Cyclone Idai; COVID or wildfires), orphanages, nursing homes, and poverty-stricken regions. Our Social Workers assess the sites and determine the need. We also work with other organizations' that can assist in distribution nationwide.

Requirements

Transport – Boxes – Fuel – Container storage – Labour

3. Private Road Accident Fund (PRAF)

The PRAF has saved thirty-five lives of people involved in severe vehicle accidents. The funds raised for the PRAF are allocated to help pay for ambulance response to those involved in serious accidents that have sustained severe injuries and cannot afford an ambulance service. (In most cases, the Government ambulance is unavailable during these calls). They are taken directly to a government hospital. There are calls not only for accidents but badly assaulted, stabbed, or raped victims. MMV has partnered with ACE Ambulance to fundraise and support these people in emergencies. The activation to those who should benefit from the fund is done through the ACE Call Centre and in conjunction with the Operations team at ACE, and direct contact with Jacqueline to make sure only those who are in a life-threatening situation and who cannot afford or cannot communicate are attended to immediately. The more funding we raise, the more lives we save. ACE receives about 10-15 calls a week of this nature.

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4. Basic First Aid Course

Basic First Aid knowledge can save a life. This program is intended to be taught in communities where there needs to be more basic first-aid skills and expertise. In many locations around Zimbabwe, people die unnecessarily. This program aims to improve these communities' access to these vital lifesaving skills.

Requirements

Trainers - Training Resources - Transport and Accommodation for trainers - Certification

5. Walk-in Support

Every week the MMV office has between 5-15 walk-ins requesting help. These cases are handled on an individual basis. Assessments are done with each person. Some require clothing, school fees, food, and other needs. A regular stock of food items (or food packs) and basic sundries can make a difference in a person's life, and in some cases, people are just unable to meet the requirements for their children's education.

Requirements

Food packs / bulk food items - Money - Clothing & household items - Social workers stipends

6. Mental Health Training for Teachers (Trauma, Drugs, and Alcohol)

- Suicide, Violent Behavior, and Substance Abuse
- Disasters, Crisis, and Traumas: Definitions and Early Childhood Reactions

These teacher training programs are intended to help teachers understand trauma and how it affects children and their learning capacity. By capacity-building teachers, we aim to give them the tools to help themselves, their families, and the children they teach. Zimbabwe's cases of substance abuse, alcohol abuse, and suicide are increasing, with a notable increase after the Covid-19 lockdowns. By decentralizing the knowledge on how to help communities, MMV aims to improve help-seeking behaviour and alternative to a way of life that is non-productive or damaging to mental health.

Requirements

Teacher stipends - Catering - Training Resources - Fuel and Accommodation for trainers - Trainers Fees

7. Drug and Alcohol Abuse Prevention Program for Pre-teens

MMV believes in early intervention. Intervening early, before High School, is critical. Data suggest that patterns of substance abuse become worse in the High School years. Individuals who begin using alcohol or tobacco when they are very young are likelier to abuse them later in life when quitting is much more difficult.

Requirements

Teacher stipends - Catering - Training Resources - Fuel and Accommodation for trainers - Trainers Fees

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8. Psychosocial Support Programs

The experience of loss of control, excessive demands, and helplessness shape the children's behaviour. Many are restless, anxious, or depressed. They have experienced destruction, violence, or the loss of family members. The aim of the project is, therefore, to increase the resilience of the children and to promote a life free of fear and violence. This is to be achieved through psychosocial support. Helping to come to terms with and overcome traumatic experiences.

Requirements

Teacher stipends - Catering - Training Resources - Fuel and Accommodation for trainers - Trainers Fees

9. Jump Start Mental Health Awareness for Kids

Worldwide one in seven teens experience some form of mental distress or trauma. In Zimbabwe, these numbers are predicted by mental health experts to be higher across the whole population due to multiple ongoing high-level stress and traumatic life events. Research shows that this can be reduced and prevented when individuals learn to deal with their emotions and focus on emotional intelligence (EQ), not just intellectual intelligence (IQ). According to WHO, depression, anxiety, and behavioral disorders are among the leading causes of illness and disability among young people.

Requirements

Facilitator Fees - Catering - Training Resources - Fuel & Accommodation for facilitators - M&E Fees

10. Pastors Training Course

The Church Leaders' training is for 50 Pastors trained on the four pillars of orphan care globally. This training is building knowledge and giving information on how to deal with the children in their congregations, identifying problems, speaking on prevention, and working with the family to bring support. The four pillars are Collaboration, Intervention, Prevention, and Living Refreshed. They will attend a 2-day training session. This program is facilitated by Zimbabwe without Orphans and Miracle Missions Vimba.

Requirements

Transport - Catering - Manual and Pen - Trainers Fees - Monitoring and Evaluation Fees

11. Trauma-Informed Care

This course is designed to help Caregivers who sometimes need more knowledge of how to look after a child put in their care effectively. The course helps a Caregiver identify a child who is traumatized in varying capacities and helps take them through the process of healing. This is a 5-module program; each module takes three days.

Requirements

Manuals - Pen and exercise books - Catering - Trainers' fees - Monitoring and Evaluation Fees

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12. 'Oldies' Outings

Miracle Missions Vimba takes pensioners out for special occasions (i.e., Easter & Christmas) and a day out for a meal and some much-needed attention. The pensioners receive a gift of a hygiene pack or other items. Many of the pensioners who have attended MMV outings still talk about them months later, indicating how rare an occasion this is.

Requirements

Transport - Entry Fees - Catering - Hygiene Pack

13. Zimbubs

So many women, particularly the very young, have no means to support their pregnancy and their child after birth. A small gift of needed items such as a bucket, soap, baby blankets, clothing, creams, etc., go a long way when you have received such a treasure. We help by giving such gifts. Our social workers do a home visit to assess any further needs. Workshops on breastfeeding and giving birth, and how to cope with a baby are held depending on the need.

Requirements

Mother's Pack - Social Workers' stipend - Trainers' stipend - Teas - Booklets

14. Medical Fund

MMV receives numerous requests for medical help. Some of it is for severe accidents with broken arms and legs; other times, it can be for medication. Having a fund for emergency cases would improve our ability to help. Many of our patients are seen pro-bono by doctors and specialists with whom we have a relationship. While we can get discounted scans and MRIs etc., this still comes at a cost, as does any surgery or medication.

Requirements

Fund for medical emergencies - Medicines - Social Workers' stipend

15. Education Program

This project looks at taking literature into schools for grades 5 and 6 throughout Zimbabwe. The literature has already been provided. This is a teaching model on life skills, agriculture, character building, creating destinies, etc. Miracle Missions Vimba will be training teachers on the literature.

Requirements

Trainers Fees - Transport Money - Teachers Stipends - Food and Accommodation



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16. Agriculture Training for Adults

Miracle Missions Vimba partners with Foundations for Farming, teaching families about Conservation Agriculture. This 3-day course offers participants knowledge on how to farm without causing harm to the environment and soils whilst achieving better harvests and healthier crops. Creating a mindset on how to be sustainable with the little you have in your hand by working hard and doing things to a standard and on time.

Requirements

Training Fees - Manuals - Accommodation - Transport - Catering - Monitoring and Evaluation Fees

17. Agriculture Training for Kids

Conservation Agriculture is a system that promotes minimum soil disturbance in farming, maintenance of a permanent soil cover, and diversification of plant species. It enhances biodiversity and natural biological processes above and below the ground surface, which contribute to increased water and nutrient use efficiency, which leads to improved and sustained crop production. (FAO) This program teaches children the basics of Conservation Agriculture.

Requirements

Trainers Fees - Seedlings - Catering - Transport and Accommodation - Monitoring and Evaluation Fees

18. Prisons Sports Program

Over the past few years, Miracle Missions has had the privilege of assisting with humanitarian issues in prisons. We have linked with other organizations that have and are still doing significant work in prisons. Miracle Missions, together with the Southern Africa Network of Prisons (SANOP), help those in prison as well as ex-inmates by providing clothes, food, and empowerment ideas. Tackling reoffending is one of the biggest challenges our society faces, and to help the offender to engage in healing, we have found that physical activity has an important part to play. In prisons, just as in our communities, the impact of sport can be far-reaching. Participation can not only improve health and behaviour but can directly contribute to efforts to tackle reoffending, reduce violence and conflict and develop communication skills.

Requirements

Balls - Trainers Fees - T-Shirts - Teas - Monitoring and Evaluation Fees

19. Horse Therapy and Home Visits for People with Disabilities

Once a week, Miracle Missions Vimba hosts children with Cerebral Palsy in a horse therapy program. This program is essential not only to aid in their quality of life but also to help the children with their physical and emotional development. The improved impact at home after the sessions have been significant for the mother/carer.

Requirements

Transport for children - Transport for Miracle Missions team - Horse Therapy Fees

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20. Business Training

This is an entrepreneurial, small business training course. With over 90% unemployment, poverty, and debt are major problems leading to homelessness, alcohol abuse, crime, prostitution, poor health, and feelings of helplessness. It is a commonly held belief that investors view people who seemingly are unable to do anything about their situation as a high-risk group. With little experience in managing money, they will often fail to pay back loans or generate an income because of the social and economic situations they are facing. This program teaches people that they can earn an income using the resources that they already have rather than needing a big loan or donation.

Requirements

Trainers Fees - Manuals - Catering - Transport and Accommodation - Small start-up grant - Monitoring and Evaluation Fees

21. Clean & Green

Clean & Green covers practical and exciting topics in their networking meetings :

How to do a clean-up effectively; recycling at home, our environment and well-being, community waste transfer stations, and recycling projects. Training on Zim earthworm farms, effects of pollution on our ecosystems and nature, and the dangers of burning waste on our health. In addition, the Clean & Green team supports the National Clean Up on the first Friday of each month and joins in other clean-ups around the city to make it a safer and cleaner environment for the people.

Requirements

Project Management Funding - Clean up team stipends - Transport - Resources - bin bags; gloves; bins - Teas

22. Anti-Poaching Education

Poaching is a real problem in our country, and this is often due to bushmeat hunting. This is conducted mainly by unemployed young men to generate cash income, used primarily to purchase food. Key drivers of the bushmeat trade include poverty, unemployment, and food shortages. Settlement of wildlife areas by impoverished communities that provided open access to wildlife resources, limited affordable protein sources, and the ability to earn an income from illegally poached animals. Through edutainment (entertainment education), we aim to teach children about the dangers of poaching, the damage to our ecosystem, and the anti-poaching law. We also aim to teach children about alternative protein sources through wildlife harvesting and nutrition courses.

Requirements

Anti-poaching edutainment (comic books) - Learning Packs - Teacher training - Trainers' stipends - Fuel & accommodation

23. Psychologist Retainer Fees

To have so many programs surrounding mental health, it is necessary to retain a psychologist for the programs and referral system.

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Projects

In addition to Miracle Missions Vimba's monthly programs, we are involved in various projects. Some of these projects are partially funded by other organisations while we apply for donations and grants to complete others. The projects listed below have requested the help of Miracle Missions Vimba.

1. Art and Crafts Fair

This fair is held twice yearly for crafters with disabilities linked with Miracle Missions Vimba database and Networking Meetings. It is essential that people are given dignity and not just handouts. To this end, the groups and individuals bring their unique craft to a Fair which has been advertised through social media. Over the years, the groups with the 'nicest' products sell many of their items, and our heart is to ensure that all participants go home with money to support their families and encourage what they are doing. Considering this, we 'ghost buy' their products ensuring all participant leave having made sales.

Requirements

20 stalls - Volunteer stipends - Teas & lunches

2. Schools Fees

MMV is approached for school fees every term; It would be outstanding to provide 1000 vulnerable children with school fees and their essential school items. Considering that the cost per child would be \$50 per term, making it \$150 per year. MMV feels that enabling them to complete a year is more beneficial than one term. During their time at school, further funds can be sourced to continue. These children are identified through an assessment process done by our social workers.

Requirements

School Fees - Stationery - Social Worker Stipend - Travel expenses

3. Feeding Programs

People ask why organizations feed children and groups of people when rightly they should be taking care of things for their families and children in their care. Due to what is happening in our nation, most families live below the poverty line and find it difficult to adequately take care of their essential needs, bringing on a whole new series of problems within the family system. To give a child a bowl of warm porridge can make a massive difference to a child's stamina and ability to 'keep going.' Miracle Missions Vimba feeds 350 children a CSB meal once a day during the school term. Our goal is to build up to providing 20,000 children across the country over some time, three times per week during the school term. Providing a child with a bowl of Corn Soya Blend in the morning, children can better focus on their learning. Feeding a child, a CSB meal costs approximately 30c per bowl.

Requirements

CSB Porridge - Fuel for deliveries - Labor for deliveries

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4. Home Fields

Home Fields Old Aged Home needs upgrading, mainly to ensure that the older men's section receives running water. Preliminary quotes, including fixing pipes, painting, replacing materials, etc., come to approximately US\$60,000.00. However, these quotes will need to be revised.

Requirements

Finance to refurbish Home Fields

5. Masawara Outreach (Eastern Highlands)

This medical outreach program runs over three days in Mutasa, coordinated by Professor Rudo Mutasa, and includes a team of 40-50 local doctors. These doctors offer a range of medical support to around 2500 people. Miracle Missions Vimba does the supportive administration and feeding for the camp.

Requirements

Food and drinks - Medical Sundries - Transport - Printing of forms - Stipends

6. Imvelo Outreach (Hwange South)

Dentists and eye specialists hold this medical outreach for around 7000 people in Hwange South. This is the 'forgotten area' because it is so far down in the valley. Further down from here, in Binga, is where a group of people, identified by their two toes, live. They seldom see a doctor, dentist, or eye specialist. Miracle Missions Vimba has been asked to finance this marginalized group's transport to the camp. MMV supports this camp with food and drinks, creating a meal for each person who walks to the camp for medical attention. Supplementary Medical sundries are given, and transport is needed for MMV to attend. A bonus is handing out around 3000 stationery kits to the children who attend.

Requirements

Meals - Drinks - Medical Sundries - Social Workers and M&E - Stationery kits

7. Cancer Outreaches

Miracle Missions Vimba supports Cancer Outreach programs throughout the year. We want to increase our support to include five different outreaches in various areas. There would be 250 women per camp (depending on which community is done).

Requirements

Lunches and Drinks - Stipends - Medical sundries - gloves; plastic bed sheets - Sanitary Ware - Administration forms - Transport (accommodation where needed)

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8. Hydrocephalus Camps

Children with hydrocephalus can benefit significantly from the surgery within the first few months. Sadly, without the surgery, the life expectancy of a child is low. Miracle Missions Vimba would like to help five children per week undergo surgery.

Requirements

Shunts - Stipends - Food Packs - Social Workers - Informational Manual - Accommodation - Meals - Medical Sundries

9. Eye Screening and Glasses Prescriptions

Working with several groups of optometrists, we have developed a camp that provides eye screening using specialized equipment to see if the client requires glasses and, if so, what strength or prescription glasses they need. The people we are dealing with are vulnerable, and many, if not most, would be unable to afford reading glasses, let alone prescription lenses. The ideal plan would be to raise funds to make glasses for each person, which they collect a few weeks after being seen. The joy we have seen on adults and children's faces when they can read clearly makes one's heart soar!

Requirements

Glasses - Transport helpers and doctors - Food for doctors & helpers - Stipend for doctors and helpers - Tea and bun for Caregivers and child

10. Harare Children's Hospital

Harare Children's Hospital serves approximately 500 children a day. Through this hospital, the needs of the most vulnerable are met, and although much work has gone towards refurbishing the hospital, there is still a lot left to do. In addition to the actual hospital, there is a Rehab Centre that serves the community in physical therapy and informed workshops on dealing with injuries or illnesses many parents find themselves dealing with. To extend the reach of this fantastic program, going into the communities helps support more people at any one time.

Requirements

Refurbishing two hospital wings - Feeding hospital workers - Supplying medical equipment - Support of outreach program

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11. Rural Health Points

The Vhimba area in Chimanimani is so far away from towns that people would have to walk about 22km to get to the nearest clinic when pregnant. The people in the surrounding villages, who helped build the Health Point, keep saying 'thank you' as it has been a lifesaving project for many – children and adults. This clinic also services the Mozambicans close to that side of the mountain.

A Rural Health Point has been built in an area called Chikiwezi which is about 18kms away from the nearest main road. Again, the folk were overjoyed to have a Health Point built there to serve the people in the surrounding area, knowing it would save lives, especially in times of heavy malaria outbreaks, etc.

MMV would love to develop these current Rural Health Points and turn them into Poly Clinics. This would require the building of toilets and wards. The development of Poly Clinics would ensure access to further medical support in these communities.

Requirements

Building materials - Builders and labour - Project management - Medical Equipment and furniture - Transport - Monitoring and Evaluation allowance

12. Medical Equipment

Miracle Missions is often offered medical equipment from other countries which need to be transported through borders. This helps us kit out numerous clinics. Additionally, many hospitals need specialized lifesaving equipment like incubators or ventilators.

Requirements

Finances for transportation - Funds to deliver said items to various clinics/hospitals - M&E allowance

13. Solar for Rural Health Points

Having been involved in medical outreaches and supporting some of the Rural Health Points in the country, the one thing that would make an immense difference would be to have lights, power to run a small fridge, and some machines. We know the nurses and doctors would be beyond grateful for this project to come to fruition. Miracle Missions Vimba has the vision to kit out 100 Rural Health Points with Solar Power, working in collaboration with the Ministry of Health.

Requirements

Solar kits - Installer - Transport to travel around the country for set up - Accommodation & meals - Monitoring & Evaluation - Project Management

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14. School Blocks

Have you ever considered how privileged your child is to have a classroom with good airflow, a lovely floor, and excellent teaching apparatus? Well, hundreds of children do not have the same opportunities!

We want to build six double classroom blocks in Hatcliffe 3, where the children need proper schooling facilities to work in. The area of the school needs to be fenced or walled off. We have had a request to build three more school blocks in the Chimanimani area. In addition to the school blocks, we would put fifty desks and chairs in each classroom. We have had another request to build twelve classroom blocks in different parts of the country has come across our desk.

To further aid the school, solar would be of great value.

Requirements

Building materials - Builders and labour - Project management - School Equipment and furniture - Transport - Monitoring and Evaluation allowance

15. Mabvuku Playground

This project aims to promote recreation and improve the play of 20,000 children and youth in Mabvuku by rehabilitating the existing park. This park will be built with children with disabilities in mind, allowing them to have a safe space to play outdoors with their peers, develop friendships and be children. We believe having a playground like this will improve disabled children's inclusion in the community.

Requirements

Poles - Deck - Sand and shade net for the surface - Children's swings - Instant Lawn - Labour and sundries - Project Management

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16. Half-Way House – Rehabilitation Ex-Offenders

Miracle Missions has consulted with Kushinga Pikalele Training Centre in Marondera about housing ex-inmates who will do short courses through the Training Centre. To do this, we would need to build a new accommodation wing to house 60 ex-inmates on a 6-month program. There will be counselors and support to help them re-integrate into society, with the addition of a food pack, a hygiene pack, transport money, and \$300.00 each to start a project once they complete the course of their choice. The idea is to upskill the person to help prevent re-offending and use the courses to build sustainability. This will run twice a year.

Requirements

Materials to build the accommodation Centre. - Funds for project management - Funds to support Counsellors/transport - Courses funded on a six-month basis per client (period of 3 years) - Operational costs to run the living quarters - Basic hygiene pack on arrival & departure - Transport money to get to Marondera and home three times - Project finances as startup kit

17. Rehabilitation program for Human Trafficked Women

This program is aimed at women who have been victims of Human Trafficking. This is a sensitive topic and therefore has not been advertised to date. This program is geared towards healing these women's mental and physical well-being. It is a reintegration program helping these women return to society after their traumatic experiences. To date, 25 women have been through the program, and we have been asked to do another 25 women. Miracle Missions Vimba would like to take 300 women annually through this program. Using the Rhythm to Recovery drumming program, we offer a program containing 6-modules over three weeks, ending with a 3-day business skills course.

Requirements

Therapists - Manuals and resources - Catering - Accommodation, food, and transport - Business Course - Medical support

18. Safe House

Miracle Missions Vimba Safehouse for abused and trafficked women. Having been offered land on where to build the Safe House, requirements would include building and running costs.

Requirements

Building Safehouse - Operational costs of safehouse - Medical Support

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19. “Give a Gift at Christmas.”

Christmas time is known as a “time for giving.” We love this time of the year as everything comes from the heart. At Christmas time, we are busier than ever. Christmas cracker making is done throughout November and part of December, with the aim of making over 15 000 to give away to children who ordinarily don’t receive a gift at Christmas. The community gets involved and loves to feel like they are part of a “giving back at Christmas.”

Requirements

Little toys for inside the cracker - Sweets - Magazines - Ribbon - Loo Rolls - Lunch

Toys for all ages are collected from the community, wrapped, and given away.

Requirements

Gifts for vulnerable children - Wrapping paper & cello tape - Transport for distribution

Gifts for the elderly

Requirements

· Food Packs/Hygiene packs

We know many of the groups we connect with would love to be spoiled at Christmas with an “extra nice meal.”

Requirements

Food & drinks - Transport - Project management

20. Crisis Management and Emergency Appeals

Miracle Missions Vimba has a proven success record when it comes to dealing with crises and emergencies. As seen with Cyclone Idai, our ability to network and mobilise the community was integral to the Cyclone Idai Relief Program. Through the years, we have been asked to help with various emergencies such as fires, flooding, cyclones, drought, Covid-19, etc.





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The Miracle Missions Vimba Team would like to thank you for taking the time to look through our scope of operations. As is evident, there is a lot of work that we can do together. In providing a sustainable financial solution to the Miracle Missions Vimba programs, we believe that we will be better able to serve the community.

Contact Us

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Opening Hours

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Friday - 8:30 - 12:30

Together, we can make a difference.